

# Supporting Silk Sisters Project Inc

Community development through care and compassion

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### DONATIONS

ANZ Bank, Beenleigh QLD AUSTRALIA

SWIFT CODE: ANZBAU4B

BSB: 014-506;

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Facebook: [Supporting Silk Sisters Project](https://www.facebook.com/SupportingSilkSistersProject)

[www.supportingsilksistersinc.org](http://www.supportingsilksistersinc.org)

Email: [silksisters@bigpond.com](mailto:silksisters@bigpond.com)

## JANUARY NEWSLETTER 2018

Our January trip included one of our biggest group of Volunteers (thirteen!).

Despite an invitation to travel to Svay Rieng Province and the Vietnamese border villages. We were refused a permit from the provincial Health department. This reflects the pre election uncertainty in Cambodia.

Following another night at beautiful Kratie on the Mekong River we returned to Phnom Penh. Where we completed our networking and signed two new MOU's. We did not hold any clinics at Borei Keila slums as it is being cleared for rapid development. Two of the children we support have been moved 20 ks from Phnom Penh to an unknown address.

Six of our licensed nurses, plus nursing and medical undergraduates, undertook dental training at Puthisastra University with **Dentist Dr Katarzna Tegowska**.

This dental education has prepared volunteers in the topical clinical use of Silver Diamine Fluoride (SDF). This has enabled our trained permanent and returning clinical volunteers to include clinical dental care in our free primary health care clinics and identify children at risk of dental disease. Education is a major part of this work.



Some January 2018 SSS Team Members at Char Pagoda with student Interpreters Institute of Business, Phnom Penh.



Dental Caries pre and post treatment with Silver Diamine Fluoride.

During the past five years that Supporting Silk Sisters has been operating in Cambodia as an NGO/Charity. The commonest findings in our primary health care clinics has been malnutrition due to lack of food security and poverty, severe dental and gum disease and questionable immunisation status.

Lack of any ante natal care, poor nutrition and lack of understanding of how babies develop in utero has also been a common finding. The high rate of Aneamia contributes to post partum haemorrhages.

Clinical research has demonstrated beyond doubt that there poor dental health has links to cardiovascular disease, diabetes, respiratory illness, stroke and adverse pregnancy outcomes.

As a result of a chance meeting in the Borei Keila slums in 2017 with a team from Newcastle University by volunteers **Shade McClymont** and **Olivia Mason Bryant** we became aware that we could receive clinical education and add dental care to our primary health care services.

Following discussion with our committee we decided that we should incorporate an increased active role in dental education, prevention and clinical care. Our focus during our primary health care clinics will continue to be the development of children from 0—5 years.



Ian Shaw receiving training in use of SDF from Dr Kasia School of Health Sciences.



Unfortunately a common mouth due, in part, to increased consumption of sugar based drinks.



SSS Team members with Interpreters from Institute of Business at Char Pagoda.



Ritchie Burrowes during training at school of Health Sciences.